Eastern Melbourne’s premier mid-week sporting competition for independent schools
Swimming Carnival

A highlight of the EISM calendar is the Swimming Competition conducted through three divisions. Finalists from each Division are taken through to compete in the Championship Carnival, an evening competition held at MSAC.

EISM – the premier mid-week coeducational schools sporting association in Melbourne

The Division One Carnival takes place in the outdoor pool at the Melbourne Sports & Aquatic Centre as a night time event. Divisions Two and Three are held at Nunawading Aquatic Centre where the students experience the thrill of involvement and the taste of success.

It is a great accomplishment to be invited to the Championship Carnival. Events at the Carnivals include Freestyle, Backstroke, Breaststroke and Butterfly with Freestyle and Medley relays also being contested.

The Athletics and Swimming carnivals have promotion and relegation between divisions for those schools that finish first and last.
Member schools’ best athletes meet to compete in the prestigious annual Athletics Carnivals contested at the new Albert Park facility.

Three separate Carnivals are held so that students get to compete against others of similar ability. New records are set and personal best times achieved across a range of track events involving sprints, middle distance races and relays. The field events involve high, long and triple jumps and shot put, allowing for maximum student participation.

The winner from each event and the other best performers are invited to compete in the Champions Carnival, an evening event held at Albert Park. These students challenge each other under lights, cheered and supported by teachers, friends and family.
Cross Country Carnival

Doncaster’s Ruffey Lake Park is the venue for the challenging Cross Country Carnival.

Great for encouraging a sense of school and team pride, this is the only opportunity for all students from all schools to compete at the one time and place, and the atmosphere reflects that level of competition as schools vie for the position of Champion School. With up to 100 students per school competing, there can be up to 1500 students who run the course on the day.

The course has been described as challenging. Competitors run in all conditions as students strive to win their age group, with individual place getters receiving medallions for their efforts.

Current Events, Fixtures and Results for Weekly Sport and Carnivals can be found on the EISM website www.eism.org
Students love competing in the Point Leo Surf Carnival held at the end of November each year.

This informal, yet highly controlled and structured, carnival encourages students to get active and involved in a range of beach and water events including: beach sprints, swimming, board races, surf rescues, ironman events, flags and relays.

The emphasis of this carnival is on safe participation, with qualified Surf Life Savers monitoring the proceedings. Covered areas are provided for shelter and all students are strenuously encouraged to be Sun Smart throughout the day. It is a great day out for all students!
The weekly sports competition is about involvement, increasing skills and performing to the best of your abilities in a team environment.

Seniors play their Summer Sports in Term 1 and Year 9’s play in Term 4. Grouped into conferences to minimise travel time and maximise playing time, teams compete to represent their schools in friendly rivalry.

A wide range of sports are offered, appealing to a variety of interests and skill levels. The boys play Cricket and Hockey on Astroturf; the girls play Softball and Soccer, while both play Tennis and Volleyball. The top two placed teams in each conference play against each other in Semi Finals with the two victorious teams playing off in the Grand Final.
Summer EASTERN DIVISION

All students are able to play Basketball, Softball and Tennis. Additionally Indoor Cricket and Volleyball are offered to girls, with Cricket and Hockey also available for boys.

The older students build on their existing skills or are given the opportunity to play a new sport and all students gain from the rich experience of teamwork and training. The students’ school pride is evident, win or lose, as they play to their best abilities and strive to improve their individual performances.

The competition is held in Term One for both Seniors and Year Nine students and allows for widespread student participation.
The Schools stay in the same Conferences as they did in Summer Sport. Schools play each other twice in the regular competition culminating with the top two schools in each Conference playing off in Semi Finals, then the Grand Final between the Conference winners.

All students have the opportunity to select from a wide range of team sports, including: Basketball, Soccer, Table Tennis and AFL for boys; while the girls get active and involved in Basketball, Netball, Table Tennis and Hockey.

Individual and team excellence is recognized and rewarded at the end of the season with trophies and pennants going to the Premiership Teams, while the runners up return to school with a banner recognizing their achievement and high level of success.

For weekly sport, Year 7s play on Monday, Year 8s on Tuesday, Seniors on Wednesday and Year 8/9s on Thursday.

Winter CENTRAL DIVISION

Fostering individual skills and team work, this weekly competition runs over Terms Two and Three and encourages widespread involvement by allowing for a range of opportunities for students to play.
Winter EASTERN DIVISION

Senior boys in the Eastern Division compete in AFL, Volleyball, Soccer and Badminton, while the Senior girls showcase their skills in AFL, Soccer, Netball and Hockey.

This fast paced and competitive two term season allows the students to trial a range of sports and to experience the thrill of participating in serious competition. Across the terms some schools will play each other twice and the top two teams qualify for the Grand Final. The Boys Football has three ability determined Divisions to keep the scores close and competition high.

The Year Nine students in the Eastern Division look forward to their chance to compete against each other in AFL, Soccer, Table Tennis and Badminton for boys and AFL, Soccer and Netball for girls.

A trophy and pennant is awarded to the Premiership Team at Senior and Year 9 levels and the runners up receive a pennant to recognize their efforts. Best Player medallions are awarded to students from both final teams. These are voted for by the students themselves and are proudly accepted by the fortunate recipients.
Junior CENTRAL DIVISION

Year 7 Softball & Cricket
Year 7 Boys are given the opportunity to play Cricket in a Round Robin Cricket Tournament. The games are short and fast paced, consisting of 12 overs per game. All Students take on the challenge of both batting and bowling, fostering a range of skills and active participation.

Another Round Robin is held to contest the Girls Softball competition. Schools attend the Jells Park complex and greatly enjoy the first rate facilities and excellent umpiring on offer. For many it is their first experience of the sport and the increase in skills and knowledge is remarkable.

Year 7 Terms 2, 3 & 4
This program is a highly successful introduction to EISM sport. These young students learn the rules of each sport, codes of conduct and sporting etiquette, uniform requirements and the thrill of representing their school at various locations. Most importantly, however, the Year Seven students enjoy the possibilities of participation and the activity of team sports.

The sports offered mirror the older age groups, educating the students in the culture of participation and the love of exercise.

22 schools make up the membership of the EISM with schools ranging from Doreen in the north to Ormond in the south, Alphington in the west to Lilydale in the east.
Year 9 Term 4
During Term Four the Year Nine students play another range of sports that were not offered in Term 1. Sports include Indoor Cricket for boys and Hockey for girls, while both genders enjoy Volleyball. Other sports offered to this group include Badminton, Ultimate Frisbee, Touch Rugby, Indoor Soccer and Boys Netball. This broad range of sports enables the students an opportunity to learn a whole new set of skills.

Year 7 and 8 Term 3 & 4
Year Seven and Eight students in the Eastern Division come together in Terms Three and Four for EISM Sport. Schools can enter more than one team per sport, allowing for maximum involvement and widespread participation. The students learn the skills they will need to contest the older competitions, playing all the same sports and honing those skills and talents as well as generating new ones in team work, leadership and fair play.
Interstate Trips

Netball
The best of the competition’s netballers try out to be named in the EISM Representative team. For more than a decade an EISM Representative team has travelled interstate to play leading school, association, club and state teams. The current pattern is to alternate the annual contest between Tasmania and Queensland. The girls fortunate enough to be selected for this elite team are recognised by their peers and their schools, and get to see different parts of Australia. Always representing themselves, their schools and the EISM with pride, the team trains hard in preparation for their trip and this has meant consistent performance when away. The girls are always great ambassadors for their schools wherever they play.
Five games are played in the four days away and the girls receive a well deserved rest on the plane home.

Basketball
All trips are to Brisbane and the Gold Coast. A very competitive series of games is organized and the boys need to play at a very high standard to win.
In just four days away, the squad of ten boys play six matches, ensuring that all boys experience ample court time to demonstrate their skills. The rest of the time is spent seeing the sights, shopping and relaxing.
The boys have always presented themselves well both on and off the court and played with the spirit and skill that befits a Representative team.
Sports offered: Netball, Football, Hockey, Basketball, Soccer

The girls are offered the opportunity to play Netball, Hockey and Soccer with the boys playing Football, Basketball and Soccer. This competition has run since 1999 and a friendly rivalry has been fostered over those years. With this competition, friendships are formed with new team mates and the rapport with coaches further elevates the EISM regular competitions.

Boys Football/Basketball/Soccer

The GIS competition also caters for boys Football, Basketball and Soccer. The boys take on the best of the Gippsland Independent Schools, and prove themselves to be worthy of the challenge. With this competition relationships are formed with team mates and rapport with sporting coaches created and this further elevates the EISM regular competitions.

GIS Games

The GIS games, held in September of each year, bring together Year Nine and Ten students from the EISM competition to face the best of the Gippsland Independent Schools.

These competitions are an excellent opportunity to form friendships with students from other EISM schools.
Day Activities

Golf
Held at various courses in Melbourne’s east, the EISM Golf competition draws together the best student golfers, both boys and girls, from all schools. This event has a number of components to it. Students can vie for the Stableford competition, the Stroke event and a Teams event. The students very much enjoy the experience and acknowledge the privilege of the opportunity they are offered.

Futsal
A version of Indoor Soccer, Futsal is a favourite competition of the students. This is a fast paced, non-stop game that has five competitors playing at any one time. Played on a basketball court, the non-bouncy ball is a challenge to control.

The day competition is held at the end of Term Two. Students are keen to embrace this new and growing sport as it combines all the best elements of their favourite game.

The EISM is looking forward to celebrating its 50th anniversary in 2014.
22 member schools make up the Eastern Independent Schools Melbourne sporting association. The boys and girls of these schools play in an enormous range of sporting activities representing their schools in weekly sport during school hours.